

Checklist for Test Day Preparation

- ☐ Arrive at the testing center 30 minutes early
- ☐ Bring two valid forms of ID
- ☐ Know the location of your testing center
- ☐ Eat a healthy meal beforehand
- ☐ Get a good night's sleep
- ☐ Pack your allowed materials (e.g., calculator, ID)
- ☐ Leave prohibited items at home (phones, notes, etc.)
- ☐ Review your test appointment confirmation email
- ☐ Dress in comfortable layers
- ☐ Take a few deep breaths to stay calm